



Supporting emotional health and wellbeing from 0-19+

Free online courses for all parents, carers, grandparents and teens

- Antenatal and postnatal baby bonding
- Understanding your child or young person
- Your child or young person with additional needs
- Teenager's feelings and brain development
- And lots more specialist courses

Designed by clinical psychologists in partnership with practitioners and parents



www.inourplace.co.uk

Residents of LEICESTER, LEICESTERSHIRE and RUTLAND

In paid partnership with:



Leicester, Leicestershire
and Rutland
Health and Wellbeing Partnership

NHS
Leicester, Leicestershire
and Rutland

NHS
Leicestershire Partnership
NHS Trust

Use Access Code
CURVE